

Super Speed Syllables¹

1. red an at Ed in it on Oz up us; ab eb ib ob ub; at et it ot ut
puppet combat admit enter; rincap latlap kidyud opdog zatnet yugbug
2. lamp rust rest sent; amp emp imp omp ump; and end ind ond und
sunspot endless dogsled; habsteb natplant implot questmib lantplug
3. he me be she hi pi go no so; ba be bi bo bu by; ma me mi mo mu my
timer grader cupid motor voter deter viper later defer baker tomato
4. blain tay crain blay nain chay splain thrain; voin yoist broy joid croy
daw baun saun glaw kause glawn nause praw thause traw
outplank failtay blymeet skysnay aimploy oilbroaf downpline
5. ca çe çî co cu çy; sca sçe sçi sco scu sçy; ga ĝe ĝî go gu ĝy
cider cadence cipher caper cistern capstone citric catnip cystic caustic
6. *battle axel sizzle novel ripple apple jewel quibble*
7. *radio cameo pioneer meow fiord pliable reliant truant*
8. *gapping, gaping; mitten, miter; bonnet, bonus; musket, music*
9. *prefix decide before unfit cooperate useful thankfulness*
10. a-**bā**se, de-**base**, en-**case**, de-**bate**, se-**date**, cre-**ate**
11. **bot**-a-nÿ, **el**-e-ĝy, **prod**-i-ĝy, **ef**-fî-ĝy, **eb**-o-ny, **en**-er-ĝy
12. **lu**-mi-na-rÿ, **cu**-li-na-ry, **mo**-ment-a-ry
13. an-**nu**-i-tÿ, me-**mo**-ri-al, ad-**ju**-di-cate, e-**lu**-ci-date
14. ad-**vent**-ūr-oŭs, a-**non**-y-mous, sÿ-**non**-y-mous, un-**ĝen**-er-ous
15. trī-**en**-ni-al, mil-**lĕn**-ni-al, quād-**ren**-ni-al, per-**en**-ni-al, ter-**res**-tri-al
16. im-ma-te-ri-**āl**-i-tÿ, in-di-vis-i-**bīl**-i-ty, in-di-vid-u-**āl**-i-ty,
in-com-pat-i-**bil**-i-ty, in-de-struc-i-**bil**-i-ty, im-per-cep-ti-**bil**-i-ty

¹ For the full syllables program to improve your spelling and reading, see 40L's Syllables Spell Success page:
<http://www.thephonicspage.org/On%20Reading/syllablelesspellssu.html>

Super Speed Syllables,

2 page larger font version

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4. blain tay crain blay nain chay splain thrain;
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glaw kause glawn nause praw thause traw

outplank failtay blymeet sky snay aimploy

oilbroaf downpline

5. ca çe çi co cu çy; sca sçe sçi sco scu sçy;
ga ge ği go gu ğy

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Super Speed Syllables Answers

1. *Syllables and words ending in a consonant are pronounced with a short vowel sound. Divide between 2 consonants; syllables ending in a consonant are short.*

pup-pet com-bat ad-mit en-ter; rin-cap lat-lap kid-yud op-dog zat-net yug-bug

2. *Consonant Blends. Divide before and after blends.*

sun-spot end-less dog-sled; hab-steb nat-plant im-plot quest-mib lant-plug

3. *Divide before 1 consonant, syllables ending in a vowel are long.*

ti-mer gra-der cu-pid mo-tor vo-ter de-ter vi-per la-ter de-fer ba-ker to-ma-to

4. *Divide between words.*

out-plank fail-tay bly-meet sky-snay aim-ploy oil-broaf down-pline

5. *Divide between 2 consonants, before 1 consonant, before blends. (ph, sh, etc. count as 1 letter)*

ci-der ca-dence ci-pher ca-per cis-tern cap-stone cit-ric cat-nip cys-tic caus-tic

6. *Words ending in le divide 1 letter before le, words ending in el, directly before el.*

bat-tle ax-el siz-zle nov-el rip-ple ap-ple jew-el quib-ble

7. *Divide between 2 vowels for vowels that don't normally divide, some Latin exceptions.*

ra-di-o cam-e-o pi-o-neer me-ow fi-ord pli-a-ble re-li-ant tru-ant

8. *Divide between 2 consonants, divide before 1 consonant. (Hard g and c at end.)*

gap-ping, ga-ping; mit-ten, mi-ter; bon-net, bo-nus; mus-ket, mu-sic

9. *Divide after prefixes, before suffixes.*

pre-fix de-cide be-fore un-fit co-op-er-ate use-ful thank-ful-ness

10 – 16. Pre-divided words from Webster's Speller, arranged by schwa accent pattern.

Using Super Speed Syllables

The Super Speed Syllables are a quick version of the Syllables Spell Success program, designed to be used as an overview or a review. It can also be used to get volunteers familiar with the program, or for an older student to determine if they will get a benefit from using the entire Syllables program. For a quick test to determine if you will get a benefit from the Syllables program, see 40L's Reading Improvement Screening document.²

Here is a chart showing how much time to spend on each exercise.

Exercise #	1	2	3	4	5	6	7	8	9	10 - 12	13 - 16	Total
Time (min)	3	3	3	3	3	2	3	2	2	3	3	30

You may also want to add in the optional language exercises. Here is a suggested amount of time to spend on each of the language worksheets. The worksheets are available at 40L's Syllable Spell Success page.³ The exercise on page 3 takes a lot of time to teach and explain, it is not taught in this super speed version of the syllables program.

Worksheet Page #	1	2	4 - 5	Total
Time (min)	2	3	5	10

The video for the Super Speed Syllables program is 15 minutes long. It is available at 40L's YouTube page.⁴

About the Syllables Program

Syllables Spell Success is an interactive 10 lesson course that 40L volunteers have been teaching to individual students for 10 years and to groups of students for 7 years. The classes have averaged 1 to 2 grades of reading grade level improvement after class completion. The course focuses on syllables and spelling, working on 2 syllable words from lesson one. The first half of the lessons focuses on syllables and spelling patterns, using a mix of real and nonsense words. Each of these lessons end with phonics games based on single syllable words. The second half of the lessons work on advanced phonics and include Greek and Latin word root study and syllable based phonics of 4th to 12th grade level words. Each of these lessons end with Greek or Latin word root bingo. The course is taught with free YouTube videos and free to print worksheets.⁵

Improving Reading Speed

The average student in the Syllables class improved their reading speed by 37% after completing the 10 lesson course. Brain research has found that the brains of good readers are processing every letter or letter team in every word in the area of the brain that processes sound. By overlearning the sounds and syllables and practicing these elements with nonsense word drills, you may be able to improve your reading speed. For more about the science and idea behind this, see 40L's PDF and video explanations.

² Reading Screening at <http://www.thephonicspage.org/On%20Reading/Resources/ReadingSpeedScreen.pdf>

³ Worksheets at http://www.thephonicspage.org/On%20Reading/Resources/LatinGreekOE_Worksheets.pdf

⁴ 40L's YouTube page: <https://www.youtube.com/c/thephonicspage>

⁵ 40L's Syllables Spell Success program is available at <http://www.thephonicspage.org/On%20Reading/syllablesspellsu.html>